

Level 3 – Advanced

Level 3 classes concentrate in developing leadership abilities and “putting it all together”. Classes focus on developing presentations and workshops, advanced problem-solving strategies, and advanced leadership training. Attendees will share experiences, draw upon newly developed skills, and apply knowledge to real world problems.

3.01.1 Listening Skills

Instruction develops better personal listening skills by focusing on listening behaviors. Two practical exercises are conducted and handouts are distributed at the end of the class.

3.01.2 Building Self-Esteem

Students learn how to empower themselves and achieve higher self-worth. Students also learn to take care of themselves first so that they can help others.

3.01.3 Personality Traits

Course instruction describes methods of determining various personality traits in order to effectively benefit from those traits.

3.02.1 Motivating Factors

Class provides instruction on various motivating factors that affect individuals. Exercises are based on Maslow's Hierarchy of Needs.

3.02.2 Leadership Skills

Classroom instruction examines the characteristics necessary to become an effective leader. Students participate in practical exercises featuring case studies and the Leadership Style Inventory.

3.02.3 Building a Cohesive Team

From the instructions given in this class, students learn how to build cohesive teams by capitalizing on the uniqueness of each member. Exercises in class demonstrate the methods used to encourage members to work together.

3.02.4 Leader Roles

Course instruction describes successful ways to fulfill leader roles. These roles include Advisor, Coach, and Mentor.

3.02.5 Group Conflict Management

Classroom instruction explores managing conflict within a group by focusing on the object, the audience, and four styles of conflict, available resources, necessary preparations, and after-action procedures.

3.02.6 Problem- Solving Techniques for Leaders

Classroom instruction focuses on personal application of lessons learned from past experience using the Experiential Learning Model. Class members also learn about group problem-solving options (for example, problem versus solution, vertical versus lateral thinking, brainstorming, group thinking, and so forth).

3.03.1 How to Develop Presentations

In this class, students learn how to develop presentations.

3.03.2 How to Plan and Conduct a Workshop

Class members receive instruction on how to plan and conduct a successful workshop. Lesson focuses on the objective, the audience, and the five elements of methodology, available resources, necessary preparation, and after-action procedures.

3.04.1 Understanding the Organization of the Total Army

This course presents an overview of the organization of the Army. Classroom instruction focuses on the Army's relationship to the Total Force structure.

3.04.2 Political Issues and the Army

Class members receive instruction intended to heighten their awareness of the sensitivity of political issues and of their impact on the local community, as well as the military community. The course also addresses the role of the military in the process.

3.04.3 Effective Public/Media Relations

Course instruction explores successful techniques to use when dealing with the media or local agencies, particularly during a deployment or tour of duty in a foreign country.